Below is a list of items suggested as most needed by Missoula Food Bank

* Canned Tuna or Meat
* Peanut Butter
* Canned Soup *(Low/No Sodium)*
* Canned or Dry Beans
* Canned Vegetables *(Low/No Sodium)*
* Dry Cereal
* Baby Food & Formula
* Personal Care Items *(shampoo, conditioner, soap, feminine hygiene products, etc.)*
* Tomato Sauce
* Cooking Oil
* Low-fat Salad Dressings
* Canned Chili
* Oatmeal
* Pasta
* Flour
* Sugar
* Whole-grain items
* Gluten-Free items
* Low Sodium/Low Sugar items

***Remember that our food pantry is regularly donated to the food bank if it is not utilized here at FCC Missoula.***